Golden Nuggets

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Fall 2018

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THROW IT AGAIN! THROW IT AGAIN! THROW IT AGAIN!



"Saving one dog will not change the world, but, surely for that one dog the world will change forever." - Unknown



November 15, 2018 February 15, 2019 May 15, 2019 August 15, 2019

From the President's Desk

Thank you all who attended our annual picnic on Sunday, September 9, and especially all of the volunteers who helped to make the picnic a success, we couldn't do it without you:

Jen Streit and Gloria Kaczmarski for helping with setup; June Akizuki for getting the humans and canines checked in; our chefs – Nick Thain and Mark Kaczmarski;

Alden McGonagle for helping with the raffle tickets, and picking the lucky winners – and thank you to all who participated in the raffle which raised \$336 for EGRR;

Gail Miller for setting up the agility course; Kirsten Wolff, Peter McGonagle, Elizabeth Thompson, and everyone else who helped with cleanup. Maddy Wiley for coordinating the picnic volunteers, and all the other support you provided for the picnic;

Kathy Bahnick for purchasing the food and gathering all the other items provided by EGRR, and to all our other volunteers who helped with the picnic!!

Thank you also to all of our volunteers who provided the raffle prizes, including Alice Prince for donating the incredible jewelry, and to Deb and Frank Pampiks for providing the EGRC merchandise at extremely discounted pricing, the proceeds of which were kindly donated by EGRC to EGRR!!

We had an engaging group of at least 43 people and over 20 dogs. One of the GReatest rewards in rescue is having the opportunity to see and hear the progress that the Goldens who entered rescue and have been adopted (or long-term fosters) have made; knowing about the conditions these dogs were in when they entered rescue and seeing the tremendous strides their adopters and foster homes have helped them make is what rescue is all about. It was also nice to have family reunions including some of the siblings from Shiloh's litter and the puppy's that arrived from South Korea.

Nancy Kiesler continues to coordinate our efforts with an amazing South Korean rescue group to bring these very fortunate Goldens into the US to EGRR to find their forever homes. Thus far 9 Goldens have made the trip and all but 1 have been adopted and are reported to be doing very well in their forever homes! There are 4 more Goldens slated to make the journey from South Korea to EGRR in the upcoming months. Depending on how many of these Goldens arrive at the same time, or in short order of each other, there could be some volunteer opportunities to meet them upon arrival at the airport and getting them to where they need to go, as well as potential short-term foster opportunities for these incredibly well-mannered pups. We will also be holding a fund raiser for EGRR at Cain Brewing in Kenmore in the upcoming months – stay tuned for details.

Respectfully,

Tony Bahnick

The primary focus of Evergreen Golden Retriever Rescue (EGRR) is on rescuing Golden Retrievers in need. Driven by our belief in responsible pet ownership, we are dedicated to ensuring for dogs such as these a future of care and affection.

A Gathering Of Golden Proportions

By Nancy Kiesler



The Guisachan Estate In Scotland

A celebration commemorating the 150th Anniversary of the founding of the Golden Retriever breed.

A Gathering Of Golden Proportions

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Despite stories about the origin of the Golden Retriever which include dogs from a traveling Russian circus it is now well accepted that the breed was founded in Scotland in 1868 by Lord Tweedmouth at his Guisachan Estate. The estate is now in ruins but that did not diminish the excitement of those

attending the Guisachan Gathering in July which was hosted by the Golden Retriever Club of Scotland to mark the 150th Anniversary of the breed's founding.

Normally, the story would end here except that three EGRR members were fortunate enough to travel to Scotland for this event. This article is based on an interview with Ane Brusendorff who traveled with her husband, Steve, to Scotland for the Gathering. Also able to attend this amazing event were Hach and Carole Hachtel. I'm so jealous!!





Guisachan is located in the country, approximately a 3 hour drive from Glasgow. 361 Golden Retrievers were in attendance with approximately double that number of humans. People traveled from a total of 37 countries to attend this special event. At the entrance to the beautiful tree-lined lane to the ruins is a bronze life size statue of a Golden Retriever which was donated by the Friends of Guisachan, a non-profit organization in the US. This statue is located next to a granite memorial to Lord and Lady Tweedmouth.



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The Gathering started off with a torch light parade from the entrance of the grounds to the estate the first evening. Other events over the next days included a dog show,



seminars, an evening gala, a day of games, a Scottish dinner complete with highlands dancers and the much anticipated group picture of all of the dogs. Imagine the challenge of getting 361 Goldens to be still enough to take a picture!

Thank you Ane, for sharing your pictures so that we all can enjoy them. I'm so jealous! Or did I say that already?!!





Ane at High Tea in Glasgow

Judging At Guisachan

For those of you who would like to read more about this event, here is a link to the Friends of Guisachan website:

https://friendsofguisachan.org/main/the-150th-anniversary/

Diet Associated Heart Disease In Golden Retrievers

Reprinted With Permission And Encouragement From The Golden Retriever Club Of America

GRCA shares our members' and other dog owners' concern and distress regarding the potential link between certain diets and the development of a serious heart disease called dilated cardiomyopathy (DCM). DCM is a disease of heart muscle that results in an enlarged heart that has difficulty pumping effectively, and that may lead to congestive heart failure and sudden cardiac death. In some cases, DCM may improve if caught early and treated appropriately.

For those not yet aware, the US Food and Drug Administration (FDA) released an alert on July 13, 2018 informing the public of their investigation into a possible connection between pet foods containing legumes such as peas, lentils, other legume seeds, or potatoes as primary ingredients. High levels of legumes or potatoes appear to be more common in diets labeled as "grain-free," but may also appear as main ingredients in foods that are not grain-free. This alert was followed on August 10 by a Questions and Answers release from FDA.



The FDA's investigation began after it's Center for Veterinary Medicine received numerous reports of DCM in dogs eating such diets. Many of these reports involved Golden Retrievers, a breed that appears to have been hit particularly hard by diet-linked DCM. Some of the most well-documented reports were from Board-certified veterinary cardiologists and nutritionists who had begun their own investigations about two years ago, and currently the FDA is evaluating more than 150 cases of this condition.

These researchers are continuing to follow several leads as to the precise diet-related contributions or other factors involved in the development of this disease. These include taurine deficiency (taurine is an amino acid previously documented as a cause of DCM) due to composition of the food, food processing methods, source of taurine's building blocks in the food, or to the dog's ability to utilize the nutrient.

Based upon previous and ongoing research, Golden Retrievers appear particularly susceptible to taurine deficiency, and taurine screening has demonstrated to be an important diagnostic tool for identifying Goldens with possible DCM. However, not all dogs – and particularly breeds other than Golden Retrievers – with diet-related DCM have been found to be taurine deficient, so this is clearly not the sole cause of this condition. Despite the identified link to taurine deficiency in Goldens, this issue remains complicated for owners, research scientists, and treating veterinarians. Other factors being investigated include fiber content of the food, uncommon or exotic ingredients, small manufacturers that may not have fully tested their food, and genetic ability to process the food.

Diet Associated Heart Disease In Golden Retrievers

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While this research proceeds, owners are encouraged to be cautious regarding sources for information, as there is much speculation but relatively little scientific literature. GRCA is committed to help educate dog owners and has compiled links to trusted articles for more information and general recommendations. Specific recommendations about individual dogs should be discussed with the dog's veterinarian.

Recommended Sources for Additional Information

From UC Davis researchers UC Davis Investigates Link Between Dog Diets and Deadly Heart Disease: https://www.vetmed.ucdavis.edu/news/uc-davis-investigates-link-between-dog-diets-and-deadly-heart-disease

Frequently Requested Information Regarding Taurine & Dilated Cardiomyopathy in Golden Retrievers: http://vetmed.ucdavis.edu/ccah/local_resources/pdfs/stern-lab-taurine-recommendations.pdf

Considerations surrounding diet and dilated cardiomyopathy in dogs https://www2.vetmed.ucdavis.edu/ ccah/local_resources/pdfs/ucd-diet-and-dcm-handout.pdf

From Tufts University researchers A broken heart: Risk of heart disease in boutique or grain-free diets and exotic ingredients: http://vetnutrition.tufts.edu/2018/06/a-broken-heart-risk-of-heart-disease-in-boutique-or-grain-free-dietsand-exotic-ingredients/

Questions You Should Be Asking About Your Pet's Food: http://vetnutrition.tufts.edu/2016/12/questions -you-should-be-asking-about-your-pets-food/

From the American Veterinary Medical Association Unusual pet diets may be linked to heart disease: https://www.avma.org/News/JAVMANews/Pages/180801e.aspx

From FDA: FDA alert released on 7-13-18: https://www.fda.gov/animalveterinary/newsevents/ cvmupdates/ucm613305.htm

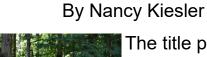
FDA Questions and Answers released on 8-10-18: https://www.fda.gov/AnimalVeterinary/ResourcesforYou/AnimalHealthLiteracy/ucm616279.htm

News Article (as recommended by Josh Stern, DVM, PhD} Grain-free, exotic dog food linked to heart disease: https://www.washingtonpost.com/news/animalia/wp/2018/08/29/grain-free-exotic-dog-food-linked-toheart-disease/? utm_term=.d891cf8c2f93



2018 Annual Picnic

Good Food, Good Weather, Friendship, Agility and a Reunion



The title pretty much describes what transpired at this year's Annual Picnic. It would seem that moving the picnic to September was a good idea as the weather was perfect and the traffic going home was not a problem. It was great to reconnect with so many of our volunteers and adopters and of course, the wonderful dogs.

The food, as usual, was excellent, thanks in large part to our amazing grill masters, Mark Kaczmarski and Nick Thain. There was plenty of volunteer help due to the organizational skills of Maddy Wiley, our Volunteer Coordinator. Gail Miller set up a fun agility course that many folks decided their dogs should try.





Frank and Deb Pampiks had left over clothing items from EGRC for sale at bargain prices which many of us took advantage of. There was also an amazing raffle thanks to the numerous people who donated items "we couldn't live without"! Thank you to everyone who helped in any way from set-up to serving to clean up. Biggest thanks goes to Kathy Bahnick for organizing yet again a really fun picnic.

2018 Annual Picnic

Good Food, Good Weather, Friendship, Agility and a Reunion

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Mom, it's not scary I go through it all the time!



Good jump, Dad!



Oh my gosh it's dark in there!!



See how easy it is, I can do it blind folded!!

2018 Annual Picnic

Good Food, Good Weather, Friendship, Agility and a Reunion

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That covers everything in the title except reunion. Two of the families who adopted one of the pups from the "N" litter in Korea were able to come and it was very clear to everyone that these two pups, Colby and Cotton, were overjoyed to see each other. They were not fostered together in Korea but they did travel to Seattle on the same flight albeit in separate crates. Joining the happy reunion was Naomi, also from the "N" litter, who attended along



with her foster parents, Tony and Kathy Bahnick. Being a big winner on this year's raffle, a very rare occurrence I should add, I'm already looking forward to next year!!



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Rainbow Bridge

Just this side of Heaven is a place called Rainbow Bridge

When an animal dies that has been especially close to someone here, that pet goes to Rainbow Bridge. There are meadows and hills for all of our special friends so they can run and play together. There is plenty of food and water and sunshine, and our friends are warm and comfortable. All the animals who had been ill and old are restored to health and vigor; those who are hurt or maimed are made whole and strong again, just as we remember them in our dreams of days and times gone by.

The animals are happy and content, except for <mark>one</mark> small thing; they miss someone very special to them; who had to be left behind.

They all run and play together, but the day comes when one suddenly stops and looks into the distance. The bright eyes are intent; the eager body quivers. Suddenly he begins to break away from the group, flying over the green grass, his legs carrying him faster and faster. YOU have been spotted, and when you and your special friend finally meet, you cling together in joyous reunion, never to be parted again. The happy kisses rain upon your face: your hands again caress the beloved head, and you look once more into the trusting eyes of your pet, so long gone from your life but never absent from your heart. Then you cross Rainbow Bridge together.....

Macey - Vicki Werby (2007)

Everyone knew Macey and she was loved by everyone she met. My neighbors knew if a shoe went missing Macey was the culprit. She never ruined them; she just brought them home. Whenever someone would come to my home and remove their shoes Macey would immediately get one and ever so cleverly, quietly tiptoe onto her bed and lie down with her head on the shoe as if we would not notice. Her summers were filled with water, water and more water. She followed fish and swam with them all day. If we were lucky she would swim with us too. Macey picked apples from my trees and hid them. She would jump up and get the good ones, gently hold them in her mouth and bring them to various places around my home, roll them with her nose and cover them with leaves....maybe storing up for winter. She was so gentle, kind and loving and I miss her with all of my heart.



(Editor's Note: Macey was unintentionally left out of the summer newsletter)

Rainbow Bridge



Bella - Heather McDonald (2013)

Bella was almost 7 years old when we got her. We were told that she was left outside a lot and needed some socialization skills. Bella loved car rides so taking her places to socialize was easy and eventually she got the hang of it. About a year after she moved in, we bought a farm. Bella was in heaven!! She tried to get the chickens to play ball with her (she tried to get EVERYONE to play ball with her!!), she chased the rabbits, caught mice, followed safely behind the tractor when we worked the fields and was always willing to show any visitor, both human and canine, around the farm. Bella's favorite past time was sitting on the porch, watching the day end and then coming inside for some bedtime kisses and a soft bed. When it was her time, she chose the barn and died peacefully surrounded by her family. Our hearts are heavy. The farm, and our lives, will never be the same without our sweet Bella.

Hailey - Nichelle Hilton (2015)

Hailey came to us just 4 short years ago, after a hard life and we were eager to give her a safe place to call her forever home. She had sisters and brothers, in both, cat, dog, chicken and goat form, being a true farm dog. She was always obsessed with food, and extremely happy about it!! She loved scratches, and treats, walks on the country trails, and laying in bed watching TV. She was a real snuggle gal! Her face had a natural smile, and she was at my side until cancer took her away from us. I hope she is enjoying an unlimited doggie buffet in heaven, as that would make her so happy!! She has left a huge hole in our hearts, and we will miss her every day!"



Rainbow Bridge

Zolo, Jeffrey Byrd (2011)

Zolo crossed the rainbow bridge yesterday evening. He passed in my arms as we were in my back yard playing ball. From day one in our family he loved being part of us. Car rides, sitting in the bed of my truck while fishing, or lying under his favorite cherry tree in the back yard, Zolo always seemed to have a smile on his face, and a wagging tail. He loved chasing balls, belly rubs, chasing squirrels running across the back fence, daily snacks, but above all, being part of our family. He gave us just over 7 of the best years and love a beautiful Goldie could. A part of our family is now gone, but will forever be with us. Thank you for the unending love, for allowing us to be part of your pack, and being Zolo, who loved everyone he ever met, dog, cat, or human. Thank you EGRR for blessing us with this adoption. We will forever miss our Zolo.



South Sound PU Screening Clinic

We are thrilled to announce that Dr. Nathan Kice, ophthalmologist at Summit Veterinary Referral Center in Tacoma, has teamed up with EGRR to hold a Pigmentary Uveitis (PU) screening clinic in the south Puget Sound area. The Golden Retriever Club of America (GRCA) suggests dogs should be screened annually starting about 3 years of age. If your dog has been screened previously, repeat screening is valuable as the signs often do not show until the dog is older and early diagnosis improves the prognosis for long-term comfort and vision. Undiagnosed, the

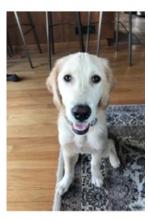


condition can lead to Glaucoma and blindness. This condition is difficult to diagnose by a general practitioner and the redness that sometimes accompanies PU is often mistaken for allergy symptoms. The test for PU is quick, easy and painless. Please share this information with friends, acquaintances, colleagues and strangers who own a Golden Retriever. All Golden Retrievers are welcome! Here are the details:

Date: Sunday, November 11, 2018 Time: 9:00-12:30 Place: Boulevard Animal Clinic, 2806 Boulevard RD SE, Olympia Cost: \$40.00

Dr. Nolan, who is graciously allowing us to hold this event at her clinic, will be present and offering low cost vaccinations, microchipping and flea meds for those interested. To schedule your dog for this clinic, call Nancy Kiesler at 360-437-8091. Please do not call Boulevard Animal Clinic. Once scheduled, you will need to send a check made payable to the Evergreen Golden Retriever Rescue to: Nancy Kiesler, PO Box 65275 Port Ludlow, WA 98365-0275. The check must be received prior to November 11th.

Where are they now??? By Sue Randall



Norma was a 6 month old pup who was in a rescue organization in South Korea. This has been group keeping rescue here informed of the dogs it involved with. is Norma was flown to Seattle in May where she was fostered &

adopted in no time by her foster family. She now is a happy young dog whose name has been changed to Cotton, who enjoys all the attention given by her adopters including the children in the home.



Nevin is litter mate to Norma. He traveled on the same flight to Seattle in May and was fostered by a family who also took little time before they were anxious to have him stay permanently in their home as their adopted dog. His name is now Colby.



Nina, yes, litter mate to both Norma &

Nevin. Nina was also adopted by her foster family. She is now named Ziggy & has a playmate in the family from another rescue that is also from overseas & adopted by this family a few years ago.



Nellie Age 9 months. Intact F, also from the "N" litter, arrived the end of August and was fostered briefly while with EGRR. Now she is in a wonderful forever home that will allow her to become familiar with the change in lifestyle & language. She will enjoy having her canine older sibling help her as she settles in.

Special Appreciation

Renae Anone who, to celebrate her Zoey's 7th birthday, ran a live stream to raise money in hopes of helping other Golden Retrievers. She included this note with the donation: "My community and I would like to thank you for all of the work you do to help these beautiful dogs find their forever homes!"

Robin Lindzer who suggested on her Facebook page that donations be made to EGRR in lieu of gifts for her birthday.

Volunteer Help Needed

Tony and I have been meeting the dogs arriving at Sea-Tac from Korea. Most have traveled with an escort on a flight that arrived around 12:30 pm. Each time there was a 1 $\frac{1}{2}$ - 3 hour wait for the dogs to arrive in the area where we can claim them. It is a long drive for me and Tony is often out of town and especially with the winter months approaching, we would like to develop a list of volunteers who might be able to help us with this. We try to have the foster home at the airport to pick up their dog but two other volunteers are still needed. Please contact me if this is something that you could help with even on an occasional basis. Nancy Kiesler

With the holiday season rapidly approaching, remember that you can donate to EGRR at no cost to you by using these online sites.

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You shop. Amazon gives.

- Amazon donates 0.5% of the price of your eligible AmazonSmile purchases to the charitable organization of your choice.
- AmazonSmile is the same Amazon you know. Same products, same prices, same service.
- Support your charitable organization by starting your shopping at smile.amazon.com.

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- 1. Choose Your Cause
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General Donations

Ann Mosley

Carol Guilbault

Marvin Wolfson

Kate Jarvis

Honary Donations

Kirby McCoy and Cindy Russell Wishing a very Happy Birthday to

Jean Thies!!

Carol Mackin For

Nicky's care in South Korea

Donations given via I-Give, Just Give, GR Foundation, Benevity, Network for Good, Truist, Your Cause, or United Way of King County are very much appreciated but they arrive without donor information which means we are unable to thank or acknowledge your generosity.

Thank you for your support!

MemorialDonations

Heather McDonald In loving memory of their dear girl

"Bella"

Reg and Dee Norberg In memory of Helene Blume and Ken Cowert's, sweet boy

"Tucker"

The Colorado Blume Golden Fan Club Pete & Debbie, Ryan & Chloe, Bri & Mattias and Rory & Sarah In memory of

"Tucker" Blume-Cowsert

John Chapman In loving memory of my special girl

"Buffi"

EGRR is a 501(c)3 organization.

Donations are tax deductible so please consider helping us in our efforts. If your employer will match your donation, consider EGRR in your charitable giving.

Send a check, payable to EGRR to:

Evergreen Golden Retriever Rescue PO Box 3088 Renton, WA 98056